



Much in Mind

Prosperity is Possessing Your Promised Land

Hello and welcome

The world is full of stories about how people have become prosperous. Many such people were very poor, and something they believed and the actions they took turned their poverty and hardship into plenty and personal delight.

A historical story in the Bible describes the thinking and actions of the Israelites, under the leadership of Joshua, which meant they entered and possessed the Land of Canaan, described as '**The Promised Land**'.

The story tells us that it is because this group of people could not initially believe that they could possess this Promised Land, that they did not do so. They were wanderers in a desert wilderness of lack and frustration, until eventually, they decided to think and act differently. The result is that they entered and possessed the 'Land Flowing with Milk and Honey'. They became the richest and happiest nation on earth, and their King, Solomon, the wealthiest king ever.

The historical account is an excellent allegory for Prosperity Truth.

This report helps you to do what they did and discover how they all chose to forsake their lives of hard grind, for lives of abundance and joy.

Of course, prosperity is more than money. It is good health, spiritual wellbeing, wonderful relationships and full self-expression. All that is the Promised Land and all is available for you and me.

So read this new report, explaining how it is your Promised Land.



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The 6 easy steps to "Possessing Your Promised Land"

...which most people don't know about, leaving them in
a Wilderness of frustration, lack and want.

If you are content with limited aspiration in life or you misguidedly believe
this is your only right, **then don't read this report.**

If you are happy to live in the Wilderness, continuing to spend your life economising
and looking for bargains – **then don't read this report!**

But as certainly as these **6 easy to understand steps** worked for the Israelites to possess
the Promised Land, so they **will undoubtedly work for you too.**

So if you, as I, want a different future then read on:

Everyone understands the phrase **Promised Land**. The origin is in the Bible, and
it is real history – not some 'Nirvana' or pipe dream. It actually happened and...

is an excellent allegory for Prosperity Truth.

For you and me, '**Promised Land**' conjures up good thoughts. It describes a state of happiness,
good health, full self-expression, loving relationships, financial security and peace of mind.

That is exactly what was promised. It is the land of that promise.

Do you want to know what those 6 steps are?

Of course you do. They are:

- 1. Be prepared - in three ways*
- 2. Do something*
- 3. Focus on 'No' and 'Yes' issues*
- 4. Clean up your Thinking and Actions*
- 5. Speak Words to remove barriers*
- 6. Create a foundation of gratitude*

When you find out what these steps mean, by reading this report, you will learn
that you too can transform your present and future experience from 'not enough' to abundance,
– in every aspect of your life. **That can't be bad, can it?**

Many people did not go into the Promised Land, because they were fearful of the unknown,
unbelieving of the promise that they could have it and they could not bring themselves
to take action. I hope that isn't you!



So there's the choice:

Either; Stay where you are in life, putting up with disappointments, financial limitation, an unknown future and unfulfilled dreams.

Or Possess what is promised to you, The Promised Land.

Metaphorically, the Bible described it as a land flowing with Milk and Honey.

Just read these words about it: *"God brings you into a good land, a land of brooks of water, of fountains and springs, flowing into valleys and hills; a land of wheat and barley, vines, fig trees and pomegranates; a land of olive trees and honey; a land in which you will eat bread without scarceness, and you will not lack anything in it."*

A wonderful picture, and such a contrast with 'The Wilderness.'
It is a picture of what for them was perfection; totally idyllic.

Don't stay in the Wilderness which is a land of lack and need.
Those who live there say *"I can't afford it" "I deserve much more than I get"*
"We don't have enough to survive" "I'm always unlucky".

Have you heard those words before?

Yes – and many more like them, I am sure. *It is what you say too?*

So which will you choose?

Read this report and find out what the *6 easy steps* are and understand how they will bring you all you want.

So let's get started!



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Author's additional comment.

Because this subject is spiritual, which largely means that you and I are dealing with the subconscious mind, or what we cannot see, but believe in, there will be time required to assimilate what is taught, and continually bring the truth into our minds and conduct. It is not 'overnight', and it requires patient application and practice over a period of time. Many people see a positive change very quickly, because they become aware of the wrong thinking all around them and are sensitive to the damage done as a consequence. Others, however, find that they need to practice for longer, in order to believe in the change for them.

Step 1

Preparation

Success requires preparation

Nothing ever happens to those who are unprepared. They can only share the lives of other people, who probably want benefit for themselves only, and certainly not for you or me.

Preparation for prosperity can be many things, but essentially, it is:-

- 1. Bring yourself to realise that you have a right to your Promised Land**
- 2. Be committed to 'pay the price' to possess it**
- 3. Visualise what you desire**

You have the right to inherit

So this is the first and most basic preparation. I found that it only started to work for me when it occurred to me that abundance is my right, as a living person in this world.

I know this sounds odd, because we are taught that we have to take life as it 'turns up' whereas now ***I had to believe that I had choices.*** To think that I could choose something different from what just 'turned up' was amazing. "How does that happen?" I said.

This required me to search for the truth. It required a change of mind, to believe that old and tired, passed-down wisdom no longer worked. I realised that if one person could live in luxury, why wasn't that me?

What I found out was that ***the universe is under law.*** It performs and exists according to rigid and inflexible laws. We set our watches by them, we cook our dinner by them, we have babies by them, we enjoy the functions of our bodies by them, and so on.

I thought about those laws in relation to my wealth compared with other people. I asked

"What law had they understood, which meant they could live in luxury, and it isn't me?"

"Had they discovered how to benefit from those laws, but I had not?"

Of course we immediately say it's caused by training, luck, qualifications, where we live, a 'helping hand' or where we are born. But I was not satisfied. I could see that many people were more successful than me, but they did not have any advantages unique to them, particularly. But I could see that what they did have, was an ability to do some things in such a way that it brought them success.

It is a small step from there to see that ***the more of those beneficial steps we can take, the more successful we will be.***

Ultimately, if we get every step right and none wrong, we will be successful. So I found it isn't outside my control at all to bring about the changes in my life.

I can choose what I want.

The people in the Wilderness needed to believe that they could and would possess their Promised Land. Nothing needed to stand in the way of that prospect. The choice was theirs, if they wanted to take it. Certainly, it was nothing to do with luck; it was their choice. It is our choice too, and it starts by understanding that it is our right.

The price has to be paid

The second preparation is to realise that nothing comes from nothing. There is always 'cause and effect' or 'whatever you sow, that will you also reap'.

I needed to look at what I was 'reaping' in my life. Clearly, it was not enough and I had no vision of the Promised Land. I realised that I had accepted other peoples' plan for my life, which wasn't much. I was complaining about the effects without considering that I was the cause.

I quite suddenly realised that the price I had to pay was to gain understanding. "How does this work?" I asked. It was different from what I had been taught, so that I found great resistance within myself to unlearning, and accepting an alternative point of view. That required self-education, which continues for life.

I discovered that what's necessary is a change in thinking. It doesn't happen overnight, and until we've changed 'inside' the progress is going to be slow.



Sadly, many give up. They slip back into familiar attitudes and speech, and eventually they say, *"It might have happened for you but it doesn't work for me"* While that is correct in one way, actually it doesn't need to be like that because ***the laws of the universe are going to work the same for everyone, all the time.***

But do you have the determination to follow this through and find out how it works?

Jim Rohn, a self-help guru once said, *"Formal education will earn you a living. Self education will make you a fortune."* Self-education is the price to pay.

It is one thing convincing yourself in your rational mind, and accepting that you have a right to The Promised Land; it is quite another thing to convince your subconscious to say and do things which are consistent with that knowledge.

For instance, if when you looked at your bank statement, you saw less available money than you needed, if you said *"I can't afford that..."* Such a statement would be consistent with living in lack and limitation – the Wilderness. However if you said, when you saw the bank statement, *"I can well afford that...and I choose to buy it in three weeks time,"* that statement would be consistent with the Promised Land, where there is enough and to spare. But how difficult it is to say it – and how hard to believe that it's true?

The people who were promised the land flowing with milk and honey, had been told all about it. They had had time to consider their thinking about it, and whether they really did believe it was for them. It took time.

Your Promised Land is your own prosperity. You will need to believe that, and begin to think and speak in a way which is consistent with that belief. Change the way you think and speak. This is where we start.

Visualise what you desire

The third preparation is that you have the idea, or you visualise what life will look like, in your Promised Land.

Joshua had been a spy in the Promised Land forty years earlier. He knew the abundance and opulence of that land. Continually since that event he had climbed Mount Nebo to look out over it. During those times of meditation, he had envisioned being there and living where he knew he would live one day. Because that became his greatest desire continually in his mind it now became also his reality.

No great achievement in life ever happens without the preparation of visualization beforehand.

If you do not have the picture of your desire in your mind continually, it will fade away and other desires will take its place. This is therefore a major aspect of Step 1, and it needs to continue throughout the following Steps, with ever increasing strength.

For those who are finding that they are benefiting from these explanations and are finding through them a new way to understand their own circumstances, there is the Wealth and Prosperity Program available, described fully on: www.muchinmind.com/wealth-and-prosperity-program

Step 2

Do Something

Success requires action

The people in the Bible story were the Israelites, who are today's Jews.
The person who led them into their Promised Land called Canaan,
(today's Israel) was Joshua.

Joshua's function was to have the motivation himself, and to motivate the people also. They all needed to be totally committed to the cause.
We can often find that group commitment is hard to achieve, but if we are to succeed collectively, there must be no dissenting voices.

The action required by Joshua was to call the people with the words:-

*“Arise, prepare to go over Jordan” (into the Promised Land)
“for within three days you will pass over Jordan and possess the
land you have been given.”*

The confidence Joshua had, he communicated to the people, in this **call to action**. That was a demonstration of faith, and we call it a 'corresponding action'. Let me explain; if we do actually believe in the eventual materialisation of our desire, it is invariably triggered by such an act of faith on our part, as a corresponding action, before the materialisation occurs.

The River Jordan had to be crossed, before they took possession of the Land. It was an obstacle in their route, and symbolizes any obstacle you and I may have between us and our desired good. At that stage Joshua did not know how he was going to cross the Jordan with forty thousand people. We also read that the Jordan was 'in flood' at that time, making it even more difficult.

As with Joshua, we do not necessarily know how we are going to deal with these difficulties at that early stage, nor do we have the 'road map' for our success. But we do not need to know because the way in which the universe will meet our needs is up to the universe, not us. **Our job is to get up and do something.**

The barrier which our rational minds face is stopping us progressing. We think it's huge and insurmountable. That's all in the mind. Our preparation should have conditioned us to know that the way is not our problem, and now the call to action demonstrates faith in the Divine provision of providing the way forward.

Joshua had his mind full of the promises for that land and his success in leading the people into it, words like "Every place where the sole of your foot shall tread upon, to you have I given it." "You will cause this people to inherit the land which I swore to their fathers to give to them." "This book will not depart out of your mouth, but you will meditate on it day and night... then **your way will prosper and you will have great success.**"

The 'book' referred to here would include what Moses had written down as laws for good order, but what is not often realised is that the Laws of the Universe are also fundamental teachings of Moses, which are enshrined in the commandments – particularly the principle of "Cause and Effect." He learned all about this stuff in Egypt, in readiness for this event.

The rich promises which were given to the Israelites, and taught continually by Moses were nourishment to them in an 'inner' way. They are the same for us. The Israelites were so convinced about it that they decreed that anyone who did not adhere to them would be put to death! What that really means is that such people would gradually lose their faith and die spiritually for want of 'inner' nourishment. We should also accept that we must keep the law of Prosperity Truth clearly in our minds, and not allow our thoughts to revert to the negative and futile standards of the world around us.

Notice that Joshua had to "*not let it depart from his mouth.*" Same for us! We will cover what we speak in Step 5.



If we wait for it to happen, it won't. ***We must do it.***

Many people pray to an unseen deity to help them. They ask God to change their circumstances for them. They may ask for healing when sick, or for more money when they "can't afford it." Unamazingly, we do not get much evidence of those requests being answered, because God does not do it like that. ***We must do it***, whatever it is, by first the corresponding action, and when that has brought confirmation, the subsequent 'crossing of Jordan.' In those events, of course God (the Universe) is very present and powerful, and will always step in because faith is in evidence.

The call was to ARISE. There is a metaphorical power in that word, 'arise.' The force of arising is to lift the thinking and the motivation. They would look up to heaven and ***call upon God for direction and guidance***. As with all worshipful praying, the Lord's Prayer invokes that same principle at outset. 'Our Father who is in heaven; worshipped is your name. Your kingdom come, your will be done on earth as it is in heaven.'

When our eyes are averted, we are looking at the difficulties and problems. It is only when we take our eyes off those earthly conditions, that we can truly invoke the miraculous intervention of the laws of the universe on our behalf.

So, the second step is to actively confirm your determination for possessing your promised land by DOING SOMETHING towards it.

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Step 3

Focus on 'No' and 'Yes' Issues

Have correct thinking

Naturally we fear. That is a thought pattern which must be removed from our minds before we can move forward.

Joshua knew that they would be successful, but the fear mindset would have to be conquered. They had demonstrated that same fear forty years ago, and since then, Joshua had been working on how he could get them to say...

NO to fear and 'I cant do it' and

YES to success and 'I can do it.'

Forty years before the time when Joshua actually led the Israelites into the Promised Land, the spies who were sent to check out the land had come back and said "We can't do it." They spoke about the obstacles and decided that they were too great. That was the reason why they did not become prosperous right then, in their own Promised Land.

Joshua was now encouraged to proceed, but he knew that success is first in the mind, and he needed to adopt the 'No' attitude to fear thoughts and the 'Yes' attitude to faith and success thoughts, not just for himself, but for the Israelites also.

The issue is spiritual, and consequently, for us it needs some careful consideration. The metaphor of this story is important because to start with we are not going to possess any physical object or condition are we? The Promised Land for you and me is a state of excellent health, financial abundance, soundness of mind and heart, and full self-expression. But normally, in each of those areas of our beings we are tempted to 'fear the worst'. Many would believe that everything can go wrong, and probably will. The effect of this is to paralyze us into non-action.

So Joshua sent two spies into Canaan, and they went to Jericho, the first city they would need to take over. Amazingly, they found that the people in Jericho assumed that the Israelites were far stronger and better equipped than they were. They were in total fear themselves, to such a degree that the battle, if there needed to be one, was already won by the Israelites.

Forty years previously, the perception was that the Canaanites were giants, and the spies were like grasshoppers. Now the perception was that the Canaanites were scared and feeble. What had changed was how the spies thought about themselves. They had changed their thinking from fear to confident faith.

And it works for us as well, just like that.

A 'can do' attitude comes from what you believe.

Deal with 'No' thinking.

These are the kind of words which should be used to deal with wrong thinking and replace with right thinking. Say:-

No. I am not afraid of this situation. I already have the victory. No person, thing or event can stop me from possessing my Promised Land. What is mine by right cannot be held back from me in this situation. There are no longer any obstacles and barriers to my best – they are all dissolved quickly and peacefully.

In this way, the negative, fear thoughts are not described or dwelt on in any way, but **they are turned into positive affirmations.**



Deal with 'Yes' thinking.

It is important to affirm the 'yes' thinking. We can do it and need to establish that confidence with 'yes' words. Say:-

Enormous improvement comes to me in this situation. All aspects of my greater good, and my blessing of others in this situation exceed what I have already thought about. I now accomplish great things with ease and I now go in and possess my Promised Land, where I belong, quickly and peacefully.

Your situation changes as you change your thoughts and words. The Jordan is crossed with ease, whatever you do prospers, the right people come to assist you, opportunities reveal themselves and you possess your Promised Land with rejoicing and a glad heart.

Try it! Write down the 'No' statements which may apply to you. Now write down the 'Yes' statements. Spend time carefully putting the words down which define exactly what will help you to see the fulfillment of your desires, in the format of 'No' and 'Yes' issues of choice for good.

Use 4 columns on a piece of paper.

The first column is headed **'The problem'** ('No' issue)

The second column is headed **'The positive affirmation of solution!'**

The third column is headed **'The positive prospects'** ('Yes' issue)

The fourth column is headed **'The certainty of materialisation'**

Against each NO issue, write the positive affirmation and against each YES issue, write the affirmation of success.

As with the Israelites, *this will lead to a prosperous outcome.*

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Step 4

Clean up our Thinking and Actions

Deal with Personal Spiritual Issues

In the story about possessing the Promised Land, Joshua called for the people to deal with their state of heart. The word used is 'sanctify'.

The importance cannot be underemphasized.

To maximise the prosperity result, the spiritual requirement is to **deal with personal spiritual issues**.

Those might be unforgiveness, unbelief, envy, pride, dishonesty and marital unfaithfulness. But particularly, it is the company you keep and the influence those people have on you. *I will explain:-*

The universe is considering justifying bringing you a blessing. In this story it was enabling the Israelites to possess the Promised Land, the land of Canaan. In our case it will include financial gain, return to good health, restoration of good relationships and freedom from limitations in life – our Promised Land.

What Joshua did was to tell the Israelites to examine themselves, so that the spiritual justification for them succeeding would be clear.

All the negative attributes mentioned above have the effect of fracturing relationships and mutual trust. What good is that when together you are trying to succeed? Actually, it will stand in your way. We cannot become prosperous on our own. We need the support of people the universe brings to us, who will assist us, and who will benefit from what we can bring to their lives.

And the universe looks on and seeks out those who have ordered and upright lives. The universe itself is totally ordered, and fair to all. The laws of the universe never vary, and their consistency is a model to us, to reflect those attributes if we want to succeed.

'Do as you would be done by' is possibly the most important of all laws.

If you are unforgiving, then you will not be forgiven. If you are dishonest, then you will be tricked out of what you have. If you cheat, then you will be cheated, and so on. We cannot go soft on these prosperity principles; ***the universe watches.***

The very good thing about this is that we can hold the universe to account for our diligence. If the word says "*Whatsoever you sow, that will you also reap*" it is a promise that the universe will honour. Don't think of the possibility of failure, but rather know that as you hold God to account for his promise, so he will keep it.

You and I know what is upright and what is not. We automatically judge this issue every day of our lives. When we were very young indeed, we learned to scream at the top of our voices "It's not fair." Throughout life we apply this judgement to ourselves and we judge other people's behaviour accordingly.

What about the people in our lives?

We need to take a close look at what happens to us and in us when we are with certain people. Of course I am not referring to whether or not we like their company, but rather, do they influence us for good or for bad?

Cleaning the outside is very much the careful selection of the right company to be in.

One of the greatest stimuli we can enjoy is to be in the company of successful people. Their characteristics are normally that they demonstrate positive and optimistic attitudes and intuitive understanding of prosperous thinking. It rubs off on those around them. 'We become like the company we keep.'



It is perfectly sensible to want to be in the company of people who contribute to your greater good, particularly when they are in tune with, and confirm your faith for prosperity. However, it is also likely that some people will speak and act in a negative way. This means you will be unable to keep your focus on possessing your Promised Land. It is therefore crucial that you are careful about the company you keep, and it is inevitable that you will prefer to release some people from their obligations to you.

We all find that we outgrow some relationships. That is OK. Let them go. We also find that some relationships are harmful to us – other people may have different standards of behaviour, which we tolerate rather than welcome. Judge whether those people will help you to possess the Promised Land or not. If appropriate, with goodwill always, let them go also.

There is so much to gain from Prosperity thinking that it is inevitable that there is a price to pay. It might be wise not to share what you are doing, with those who will mock and ridicule it. So keep your mouth shut. It will not be long before your circumstances will improve such that those people will no longer be part of your life.

So, look to ***clean up the heart, mind and lifestyle***, to reflect the character of uprightness and wisdom. The practical way that works in your life and mine, is in our relationship with people. What do we say when we are with them? What do we do in their company? Are they in tune with our thoughts and desires?

These questions affect what we are inside, and outside, and Prosperity depends upon getting it right.

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Step 5

Speak Words to Remove Barriers

"Prepare yourselves for within three days you will cross Jordan and will go in to possess the Promised Land."

The words you and I actually speak are creative.
What we speak audibly, comes from our hearts;
we are expressing what we truly believe.
And as you and I know, if we believe something deeply enough,
we are creating it as our own reality by speaking it out.

Because of the significance of our words, we must realise that we can use them for good *and* for bad. Jesus spoke of negative or idle words as undesirable, and we will reap the adverse results of saying them. So we must judge the words we use, saying that which will work for our good always, and never for our bad.

Joshua knew this principle. If you read the story in detail, you would know that **Joshua never spoke about the problems** they would face. For instance, he did not say anything about the problems of the River Jordan, which they would need to cross, or the difficulties of dealing with Jericho. **He knew that speaking the problem would create more of the problem.**

The instruction to Joshua was, *"This book of the law shall not leave your mouth; and you will think about it day and night, so that you will always do what it says. **Then you will make your way prosperous, and then you will have good success.**"*

We can understand that the 'book of the law' is all that Moses had passed on to Joshua, which he had learned in Egypt. It would include the religious Law of Moses as well as the Prosperity Laws of the Universe. Joshua would have prosperity and success if he continually spoke out what they said.

Now, **the words Joshua did speak were words of faith** to open the way into the Promised Land. What he said was, *"Prepare yourselves for within three days you will cross Jordan and will go in to possess the Promised Land."*

Then he said, *"Sanctify yourselves: for tomorrow the Lord will do wonders among you...by this you will know that the living God is among us and he will drive out from before you all who would oppose and resist you."
"As soon as the soles of your feet touch the waters of Jordan, the waters will stand as a heap."
The Israelites went across on dry ground.*

These words which Joshua spoke were positive and creative words, foretelling what would happen, – and it happened. They passed through Jordan, and took possession of the Promised Land

If we speak words of faith, that the outcome will be as we believe it, then we are creating that result by our words. We already have the victory, and the Promised Land is there for us to enjoy; so just say words that confirm that as your present reality. For instance;

If we want more money, we must visualize the money, and we must speak words which create it;-

"The universe promises to me abundance and plenty. Therefore I praise the money and the resources to meet all my need and enough to spare, as it flows into my bank accounts, credit card accounts, mortgage accounts and wallet, today, and every day."

If we need recovery from sickness we must see ourselves fit and well and we could say:-

"The universe sees my body is in perfect condition and I forbid any sickness and malfunction to occur in my body, and I pronounce every organ and tissue to be working in perfect order, in the image and likeness of my creator."



Apply these kinds of words into every situation, never allowing ourselves to dwell on the obstacles, but always on the desired results. We could also express confidence in the universe to perform what we have spoken, in such words as these:-

"I am a child of this universe and I am surrounded by love, because God is always good and the universe is always kind. God is able and willing to do exceedingly above all that any of us could ever ask or think about."

We need to keep re-iterating these words. They should never leave our mouths. It is as we repeat them often, they embed into our subconscious, so that we would rather believe what God says about us and our circumstances, than we believe about ourselves. We must not speak anything we do not want. We must not complain about what we have. Certainly, we must not curse our money with words like "I never have enough," "I can't afford it," "I am afraid of the increase in the cost of living," and, Certainly, we must not complain about our health condition, saying words like, "I'm in pain and it's getting worse," "I feel I have the flu coming on," "I'm going to have a heart attack in my fifties, because my father did when he was that age."

These negative words will attract the very conditions which we do not want, in shedloads!

Furthermore, when we say them in conjunction with the positive, it confuses our subconscious into repelling what we do want. For instance, we could say, "I'm really short of money this month and won't be able to pay the rent, but I believe that the universe will provide." Never say those mixed statements of confused thinking, every word matters – a lot.

So we see clearly, that what Joshua *said* had the effect of eliminating obstacles, by firstly, never speaking about the problems, but secondly, clearly speaking for the desired result.

Jesus, when he spoke, never spoke the problem. He was surrounded by sick and poor people all of the time. You can imagine that many people told him their problems, but he never agreed with them – not once. Nor did he confirm that he knew about the problem, or that he would pray about it. He very clearly taught that he would only speak the solution, and he would speak it 'at' the problem. This methodology is something which every prosperity seeker must employ.

*Speaking as Jesus spoke is a vital step towards prosperity.
Jesus knew how these prosperity laws worked, and he used them
to do what people think are miracles.*

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Step 6

Create a foundation of Gratitude

Build an Altar

That may sound a strange idea. **No, it isn't.**

The altar in the story was a pile of stones which the Israelites picked from the river bed when they crossed over Jordan on dry ground.

The idea was that the pile of stones would be a lasting memory to what they had just received, and a lasting reminder of their specialness. They needed that, so that they would not forget, and so that they would be powerfully grateful.

There is nothing magic about an altar – it was only a pile of stones. But it powerfully kept the moment alive, as a benchmark.

It is about gratitude and many of us have difficulty in remembering to express gratitude. That is not because we are ungrateful, but because we forget, or we consider that it is normal to receive, and we don't therefore need to say, "*thank you,*" or have a continuing attitude of gratitude.

Joshua established for the Israelites a stimulus for them to remember and to concentrate their minds, on a great thing which had happened in their lives, and how it would incredibly change their situation for the future.

It is the gratitude we express which makes our prosperity permanent. While Joshua had no doubts in his mind that the destiny of the Promised Land was for them, nevertheless, he made sure that they benefited to the maximum and they would always enjoy the fruits of that amazing miracle. The altar was that practical way to seal the Promised Land covenant with God.

We also can be very practical in our altar building

You have often said yourself and heard people say words like, "*Whenever I see that.....it reminds me of the great time we had, when.....*" There are always those reminders of something and we don't remember them for long enough for them to have really lasting benefit.

So, right now, build your altar

Firstly, list down all the things you are thankful for; ***health, money, education, family, holidays, books you read, company you keep, a career, a job, presents you give and receive.*** And so we can go on. The list is endless.

Secondly, notice that this is personal. You and I must love ourselves, in order to adequately love the God who made us.

The stones which were brought out of the river bed, to form this altar are important, because each tribe of the Israelites brought their own stone up, to set it in the altar. It makes thanksgiving personal, and creates self-worth in gratitude.

So, thinking of yourself, write on a piece of paper down the left hand side of the page on every line the two words ***'I am.'***

Now on each line after 'I am,' write words that you can believe is how God would describe you. They would include words like, ***beautiful, intelligent, clever, wealthy, artistic, happy, witty, a good parent, a loving partner, generous, charitable, honest, wise, hard-working, reliable.*** The list must go on and on.

Don't think of these descriptions as arrogant assertions which are not true, but rather, they are the way in which God, who made you and loves you dearly and wants the best for you in your own Promised Land, – how he would see you.

Now, get both of those lists and put them safely in a place where every day you will read them out aloud (creative action). I suggest that you should have a journal, I recommend A5, and the first two pages could be these two. Write them neatly, and in pen (permanent and unchanging like stones in the altar) and make sure that you only add to the list, not remove.



The Israelites were desert or wilderness wanderers, and had been for a generation. Previously they had been slaves in Egypt. If anybody had issues with self-worth, it would have been them. But before them was the Promised Land.

What would have stood against their success in possessing what was theirs by right – the Promised Land – was their lack of self-worth. “*We don’t deserve this abundance,*” they might say.

So every day they would say the words which reminded them of how worthy they are to receive what is abundantly given to them.

Gratitude. The universe is looking for people who are truly appreciative of all the good they receive, so that it can give more to them.

Self-worth. The Universe is looking for the people who know who they are, as children of this universe, made in the image and likeness of their creator himself, so that it can make them even more worthy of their significance and status.

This is the sixth step, *which is the seal for success.*

You know enough now to move forward,
by practicing these simple steps.
I hope it doesn’t take 40 years, as it did
for Joshua, but that you are ready now.
Choose to do it. Now.



Malcolm Baxter
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For those who are finding that they are benefiting from these explanations and are finding through them a new way to understand their own circumstances, there is the Wealth and Prosperity Program available, described fully on:
www.muchinmind.com/wealth-and-prosperity-program